

# CELEBRATE SUSTAINABLE LIVING WEEK 2013

Sustainable Living Week is a festival of free events presented by Whitehorse City Council. Find out how to make simple changes to the way you live so that you can have a positive impact on the environment, your lifestyle, your community and even your finances.

## Sustainable Transport

There is limited parking at most sites, so leave the car at home and make your way to the events the sustainable way – walking, cycling or catching public transport.

The Public Transport Victoria Journey Planner can help you plan your trip. For more information, visit [www.ptv.vic.gov.au](http://www.ptv.vic.gov.au) or phone 1800 800 007. Alternatively, pick up a TravelSmart map showing cycling paths and public transport routes from one of Council's Customer Service Centres or phone 9262 6333 to request one.

## Contacting Council

Phone: 9262 6333  
Fax: 9262 6490  
Email: [customer.service@whitehorse.vic.gov.au](mailto:customer.service@whitehorse.vic.gov.au)  
TTY: 9262 6325  
(service for hearing impaired people)  
Telephone Interpreter Service: 131 450

## Sustainable and Proud of It

This publication is printed on 100% recycled paper.  
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Details in this brochure were correct at time of printing. Whitehorse City Council reserves the right to vary the program should the need arise. See [www.whitehorse.vic.gov.au](http://www.whitehorse.vic.gov.au) for an up-to-date program.

## Sustainability Awards Night

Thursday 21 March 2013  
6.30pm-8pm  
(6pm for refreshments)  
Box Hill Community Arts Centre,  
470 Station Street, Box Hill

Entry is free but booking is essential – phone the Sustainability Unit on 9262 6433 or [karen.freidin@whitehorse.vic.gov.au](mailto:karen.freidin@whitehorse.vic.gov.au)

The Sustainability Awards reward and recognise local residents, schools, community groups and businesses for their efforts in leading and promoting sustainable lifestyles and helping the community to become more sustainable. The evening will include the announcement of the 2013 Sustainability Award winners and the Discarded Recycled Art Competition winners. Come along and learn about sustainability achievements accomplished throughout Whitehorse.



## Plasticized: An Ocean Catastrophe Movie Screening

Thursday 21 March 2013  
8.15pm-9.30pm

Box Hill Community Arts Centre,  
470 Station Street, Box Hill

Entry is free but booking is essential – phone Box Hill Community Arts Centre on 9895 8888 or email [bhcac@whitehorse.vic.gov.au](mailto:bhcac@whitehorse.vic.gov.au)

*Plasticized: An Oceanic Catastrophe* is a journey documentary revealing the extent of plastic pollution in our oceans. An intrigued cameraman follows the 5 Gyres Institute across the South Atlantic on its very first expedition studying the alarming amount of plastic pollution – more subversive and collectively worse than many realise. A Q and A session with director Michael J. Lutman will follow.

## Eastern Treatment Plant Facility Tour

Thursday 21 March 2013  
10am-12pm  
(pick up at 8.45am, return at 1pm)  
Bus pick up from the Whitehorse Centre, 397 Whitehorse Road, Nunawading

Entry is free including transport to and from the Eastern Treatment Plant.

Booking is essential – phone the Whitehorse Centre on 9262 6555 or email [tickets@whitehorse.vic.gov.au](mailto:tickets@whitehorse.vic.gov.au)

See water treatment in action on this tour with Melbourne Water. The Eastern Treatment Plant treats about 330 million litres of sewage a day – 40 per cent of Melbourne's total sewage. The plant, located on 1100 hectares in Bangholme, opened in 1975 to support the Western Treatment Plant.

## Ride2School Day

Friday 22 March 2013

More than 140,000 students and teachers will cycle, walk, skate or scoot to school on National Ride2School Day on Friday 22 March 2013. The City of Whitehorse will be running two fantastic competitions open to primary and secondary schools. One lucky class will win a free breakfast for having the highest proportion of active transport users. Another class will win a fantastic trophy for using recycled materials to fashion the best 'blinged' bicycles or scooters. For more information, phone Council's Active Transport Officer Justine Girgin on 9262 7662 or email [justine.girgin@whitehorse.vic.gov.au](mailto:justine.girgin@whitehorse.vic.gov.au)

## Whitehorse Men's Shed Open House

Friday 22 March 2013  
11am-2pm  
Nadrasca, 252 Springvale Road, Nunawading (please park in High Street and report to reception for visitor pass)

Entry is free. Bookings not required – just turn up

The Men's Shed – run by the Whitehorse Community Health Service – brings men together to take part in activities such as woodworking, gardening, socialising, computers, recycling materials, mentoring and day trips. Come along to the open house to meet the members and see their handiwork.

## Discarded Recycled Art Competition

'Plastic – Fantastic?' is the theme of the 2013 Discarded Recycled Art Competition held in conjunction with Sustainable Living Week. Submit a two or three dimensional artwork using recycled plastic products. Applications close 5pm on Friday 1 March 2013. All entries will be exhibited at the Box Hill Community Arts Centre from 19 to 27 March 2013. Prizes will be awarded at the Sustainability Awards Night at the Box Hill Community Arts Centre on Thursday 21 March 2013. For competition details, visit [www.bhcac.com.au](http://www.bhcac.com.au) or call 9895 8888.

## PLASTIC – FANTASTIC?



## Earth Hour

Switch off your lights for one hour at 8.30pm on Saturday 23 March 2013. Join millions of people across the world in demonstrating that, through collective action, a solution to the threat of global warming is possible.



# SUSTAINABLE LIVING WEEK

WEDNESDAY 13 MARCH TO  
FRIDAY 22 MARCH 2013

- Acclaimed environmentalist Rob Gell
- Community Permaculture Blitz
- Growing fruit trees
- Sustainable building materials and design
- Keeping chooks for beginners
- Solar basics workshop
- And much more!



FREE EVENTS

SAVE MONEY AND LIVE MORE SUSTAINABLY

## WHAT'S ON



### Urban Harvest Swap

Saturday 16 March 2013  
10am–12pm

The lawn in front of the community gardens, Jolimont Road, Forest Hill (opposite Hampshire Road)

Entry is free. Booking is not required – just turn up

Local gardeners can exchange their home-grown produce (fruit, vegies, herbs, plants, eggs and honey) at the Whitehorse Urban Harvest Swap. Hear a short talk on food and gardening topics. The swap is held on the third Saturday of each month.

### Working Bee at Blackburn Lake Sanctuary

Saturday 16 March 2013  
10am–12pm

Meet at the Blackburn Lake Sanctuary Visitor Centre, Central Road, Blackburn

Entry is free. Booking is not required – just turn up

Enjoy some recreation, good company and the birds while helping to recreate our beautiful bushland. Wear a hat, closed-in shoes, sunscreen and gloves. Tools are provided. Join us for refreshments afterwards.

### Launch of Sustainable Living Week – Rob Gell, Acclaimed Environmentalist

Saturday 16 March 2013  
7.30pm–9.30pm  
(7pm for refreshments)

Whitehorse Centre, 397 Whitehorse Road, Nunawading

Entry is free but booking is essential – phone the Whitehorse Centre on 9262 6555 or email [tickets@whitehorse.vic.gov.au](mailto:tickets@whitehorse.vic.gov.au)

Former television weatherman Rob Gell is now a coastal geomorphologist and renowned sustainability strategist. He was Environment Ambassador at the 2006 Melbourne Commonwealth Games and a Councillor of the Australian Conservation Foundation for almost a decade. Join Rob at the launch of Sustainable Living Week and find out how you can live a more sustainable lifestyle and save money along the way.



### Whitehorse Community Permaculture Blitz

Sunday 17 March 2013  
10am–4pm

Back by popular demand! The Very Edible Gardens team will host a Permaculture Blitz at a location in Whitehorse. Volunteer for one day and help to create a tasty kitchen garden for a shared space such as a school or neighbourhood/community house. You will learn how to build a garden and to grow a wide variety of vegetables, fruits and herbs.

**Volunteer at the Permaculture Blitz and get hands-on gardening experience. Places are limited. To register, phone 9262 6363 or email [greenercity@whitehorse.vic.gov.au](mailto:greenercity@whitehorse.vic.gov.au)**



The Built Environment Awards encourage excellence in the design of the built environment within the City of Whitehorse. The awards recognise well designed and sustainable building, landscape and urban design projects and the people who contribute towards them. The awards will be celebrated on Wednesday 13 March 2013.

### Antarctica 2011 – Sustainability, Climate and Life at Mawson Station

Sunday 17 March 2013  
2pm–4pm

Blackburn Lake Sanctuary Visitor Centre, Central Road, Blackburn  
Entry is free. Booking is not required – just turn up

Hear about the experiences of David Morrison, Media and Community Relations Manager at the Bureau of Meteorology, who managed the weather office at Mawson, Antarctica, in 2011. Researchers at Australia's Antarctic bases conduct scientific studies in a range of disciplines. The base operates in a sustainable way, minimising the impact of people on the pristine Antarctic environment. David will talk about the sustainable practices, monitoring climate, and living with 19 others for a year in Antarctica.

### Keeping Chooks for Beginners Workshop

Monday 18 March 2013  
7pm–9pm

Box Hill Town Hall, 1022 Whitehorse Road, Box Hill  
Entry is free but booking is essential – phone the Whitehorse Centre on 9262 6555 or email [tickets@whitehorse.vic.gov.au](mailto:tickets@whitehorse.vic.gov.au)

Very Edible Gardens will present an informative workshop covering chook health, housing and feeding chooks, the social life of chooks and how to avoid odours while creating great soil for the garden.

### Sustainable Storytelling

Nunawading Library – 11am, Tuesday 19 March 2013

Blackburn Library – 11am, Thursday 21 March 2013

Box Hill & Vermont South Libraries – 11am, Friday 22 March 2013

Entry is free. No booking is required – just turn up

An interactive and educational 'sustainable story-time' for children and their families to learn about sustainable lifestyles. Stories, rhymes and a craft activity. For ages 3–6 years.



### Integrating Sustainability into Business Practices

#### BUSINESS LUNCH

Tuesday 19 March 2013  
12pm–2pm

Whitehorse Centre, 397 Whitehorse Road, Nunawading  
Registration fee: \$45 per person, includes a two-course sit-down lunch.

**EARLY BIRD OFFER**  
**\$40 per person until Tuesday 12 March 2013**

Kevin Tanner, Director at Melbourne Zoo, will discuss the business strategies that the Melbourne Zoo has adopted to promote environmental sustainability and the conservation of wildlife and natural habitats.

For more information or to register, visit [www.wbiz.com.au](http://www.wbiz.com.au) or phone 9262 6452.



### Growing Fruit Trees at Home Workshop

Wednesday 20 March 2013  
1pm–3pm

Horticultural Centre, 72 Jolimont Road, Forest Hill

Entry is free but booking is essential – phone the Whitehorse Centre on 9262 6555 or email [tickets@whitehorse.vic.gov.au](mailto:tickets@whitehorse.vic.gov.au)

Discover how to grow a variety of fruit trees in your backyard at this informative workshop. Sustainable Gardening Australia will share everything you need to know about planting, pruning, picking and pampering fruit trees, and answer all your questions.

### Sustainable Building Materials and Renovations Workshop

Wednesday 20 March 2013  
7pm–9pm

Whitehorse Centre, 397 Whitehorse Road, Nunawading

Entry is free but booking is essential – phone the Whitehorse Centre on 9262 6555 or email [tickets@whitehorse.vic.gov.au](mailto:tickets@whitehorse.vic.gov.au)

If you're thinking of greening your home, this workshop will set you on the right path. Join sustainable renovation expert Sven Maxa (Maxa Design) to learn about sustainable house design, materials, fittings and retrofit techniques. Bring your own renovation plans and ideas to the workshop, so that you can start your renovation with the right tools.

### Effective Composting and Worm Farming Workshop

Tuesday 19 March 2013  
1pm–3pm

Box Hill Town Hall, 1022 Whitehorse Road, Box Hill

Entry is free but booking is essential – phone the Whitehorse Centre on 9262 6555 or email [tickets@whitehorse.vic.gov.au](mailto:tickets@whitehorse.vic.gov.au)

Recycling your organic waste, such as food scraps and garden organics, is a simple way to reduce your environmental impact. Very Edible Gardens will present a workshop giving you the knowledge and skills to set up your own compost bin or worm farm.

### Solar Basics Workshop

Tuesday 19 March 2013  
7pm–9pm

Whitehorse Centre, 397 Whitehorse Road, Nunawading

Entry is free but booking is essential – phone the Whitehorse Centre on 9262 6555 or email [tickets@whitehorse.vic.gov.au](mailto:tickets@whitehorse.vic.gov.au)

Learn about energy efficiency, solar hot water and photovoltaic (PV) power systems with energy expert Ian Culbard. This workshop aims to demystify issues relating to solar including renewable energy certificates and what they are worth to you, pricing tariffs, available rebates and incentives, and payback periods.